

# Trainingen Team Brabant 2000 - Seizoen 2023-2024

## Indeling

Week	Weg (tot 18 jaar)	Weg (16+)	MTB (tm 12 jaar)	MTB (13-18 jaar)	MTB (18+)	Veldrijden (alle leeftijden)	Dag(en) Tijd Trainer(s)
1	Geen Training	Training	Training	Training	Training	In overleg	
2	Geen Training	Training	Training	Training	Training	Training	
3	Geen Training	Training	Training	Training	Training	Training	
4	Geen Training	Training	Training	Training	Training	Training	
5	Geen Training	Training	Training	Training	Training	In overleg	
6	Geen Training	Training	Training	Training	Training	In overleg	
7	Geen Training	Training	Training	Training	Training	In overleg	
8	Geen Training	Training	Training	Training	Training	In overleg	
9	Geen Training	Training	Training	Training	Training	Geen Training	
10	In overleg	Geen Training	Training	Training	Training	Geen Training	
11	In overleg	Geen Training	Training	Training	Training	Geen Training	
12	In overleg	Geen Training	Training	Training	Training	Geen Training	
13	In overleg	Geen Training	Training	Training	Training	Geen Training	
14	Training	Geen Training	Training	Training	Training	Geen Training	LET OP:
15	Training	Geen Training	Training	Training	Training	Geen Training	
16	Training	Geen Training	Training	Training	Training	Geen Training	
17	Training	Geen Training	Training	Training	Training	Geen Training	
18	Training	Geen Training	Training	Training	Training	Geen Training	
19	Training	Geen Training	Training	Training	Training	Geen Training	
20	Training	Geen Training	Training	Training	Training	Geen Training	
21	Training	Geen Training	Training	Training	Training	Geen Training	
22	Training	Geen Training	Training	Training	Training	Geen Training	
23	Training	Geen Training	Training	Training	Training	Geen Training	
24	Training	Geen Training	Training	Training	Training	Geen Training	
25	Training	Geen Training	Training	Training	Training	Geen Training	
26	Training	Geen Training	Training	Training	Training	Geen Training	

	Training
	In overleg
	Geen Training

Week	Weg (tot 18 jaar)	Weg (16+)	MTB (tm 12 jaar)	MTB (13-18 jaar)	MTB (18+)	Veldrijden (alle leeftijden)
27	Training	Geen Training	Training	Training	Training	Geen Training
28	Geen Training	Geen Training	Geen Training	Training	Training	Geen Training
29	Geen Training	Geen Training	Geen Training	Training	Training	Geen Training
30	Geen Training	Geen Training	Geen Training	Training	Training	Geen Training
31	Geen Training	Geen Training	Geen Training	Training	Training	Geen Training
32	Geen Training	Geen Training	Geen Training	Training	Training	Geen Training
33	Geen Training	Geen Training	Geen Training	Training	Training	Geen Training
34	In overleg	Geen Training	Training	Training	Training	Geen Training
35	Training	Geen Training	Training	Training	Training	Geen Training
36	Training	Geen Training	Training	Training	Training	Geen Training
37	Training	Geen Training	Training	Training	Training	Geen Training
38	Training	Geen Training	Training	Training	Training	Geen Training
39	Training	Geen Training	Training	Training	Training	In overleg
40	In overleg	Geen Training	Training	Training	Training	In overleg
41	Geen Training	Geen Training	Training	Training	Training	In overleg
42	Geen Training	Geen Training	Training	Training	Training	Training
43	Geen Training	Geen Training	Training	Training	Training	Training
44	Geen Training	Training	Training	Training	Training	Training
45	Geen Training	Training	Training	Training	Training	Training
46	Geen Training	Training	Training	Training	Training	Training
47	Geen Training	Training	Training	Training	Training	Training
48	Geen Training	Training	Training	Training	Training	Training
49	Geen Training	Training	Training	Training	Training	Training
50	Geen Training	Training	Training	Training	Training	Training
51	Geen Training	Training	Training	Training	Training	Training
52	Geen Training	Training	Training	Training	Training	In overleg

 Training  
 In overleg  
 Geen Training

## trainingen

<b>Weg (tot 18 jaar)</b>	<b>Weg (16+)</b>	<b>MTB (tm 12 jaar)*</b>	<b>MTB (13-18 jaar)**</b>	<b>MTB (18+)</b>	<b>Veldrijden</b>
Di + do	Zo	Di	Do	Di	Woe
18:30 - 20:00*	09:30 - 11:30	18:30 - 20:00	18:30 - 20:00	18:45 - 20:00	18:30 - 20:00
Ivo (di)	Roland	Mark	Luc	Joost	Ivo
Thomas	Carlo				
Vera					
Patrick					
Remco					

\*tijdens de wintertijd wordt getraind van 18:30 tot 19:30.

\*\* leeftijd ter indicatie. Tieners die het kunnen, mogen ook op dinsdag bij de 18+ aansluiten.

Er kan altijd van de kalender worden afgeweken. Houdt de groepsapp in de gaten voor de laatste info.

Met slecht weer of afwezigheid van de trainer kan de training worden afgelast.